Natural Support for Patients Taking Keytruda (Pembrolizumab)

Why This Formula Was Created

Keytruda (pembrolizumab) is a powerful treatment that helps the immune system fight cancer. While it can be very effective, it may also cause side effects such as:

- Fatigue (low energy, feeling worn down)
- Bone or joint pain
- Digestive upset (diarrhea, stomach irritation)
- Liver stress
- Lung or breathing irritation
- Heart inflammation or palpitations

This herbal formula was carefully designed to support the body during Keytruda therapy. It does **not weaken the treatment** — instead, it helps your body stay strong, protects important organs, and reduces the risk of side effects.

How the Formula Helps

1. Reduces Inflammation

- Helps calm overactive immune responses that can damage healthy tissues.
- Supports comfort in joints, bones, and digestive tract.

2. Protects Vital Organs

- **Liver**: reduces stress on the liver and supports detoxification.
- Lungs: eases irritation and helps protect breathing.
- Heart: supports circulation and protects heart muscle.
- Bones: strengthens bones and tissues, easing pain.

3. Improves Energy & Resilience

- Supports healthy energy production in the cells (mitochondria).
- Reduces cancer-related fatigue and helps restore stamina.

4. Promotes Healing & Balance

☐ Gentle, harmonizing herbs ensure the formula works with your body rather than against it.

□No herbs in this formula suppress the immune system — they help balance and protect it.

Key Ingredients and What They Do

- Astragalus (small dose) gentle energy support, helps reduce fatigue.
- Licorice root (small dose) soothes digestion, supports adrenal glands.
- Reishi mushroom balances immune system, supports lungs and overall resilience.
- Schisandra berry protects the liver and heart, improves stress tolerance.
- Turmeric reduces inflammation throughout the body.
- Dandelion root supports liver detox and gentle cleansing.
- Scutellaria (Baical skullcap root) reduces inflammation and protects the liver.
- Salvia root (Dan Shen) improves circulation and protects the heart.
- Hawthorn berry strengthens the heart and improves circulation.
- Corydalis root relieves bone and joint pain naturally.
- Eucommia bark supports strong bones and joints.
- Codonopsis root gentle energy support, helps with fatigue.
- Gynostemma (Jiao Gu Lan) improves energy at the cellular level, reduces fatigue.
- Oldenlandia (Hedyotis) reduces inflammation and protects tissues.
- Ophiopogon root soothes the stomach and supports hydration of tissues.

Safety Notes

- This formula is designed to be safe with Keytruda.
- Herbs are included in balanced amounts to support the body without interfering with treatment.
- A few herbs (Astragalus and Licorice root) are used only in small doses for gentle support.
- If you have high blood pressure, swelling in the legs, or are on blood-thinning medication, let your practitioner know.

What to Expect

- More steady energy and less fatigue.
- Better tolerance of Keytruda's side effects.
- Less bone and joint pain.
- Greater protection of liver, heart, and lungs.
- Overall improved quality of life during cancer treatment.

This formula works alongside your cancer therapy, helping your body stay strong, protected, and resilient.